

Swimming Pool Timetable



Monday 12 January									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0930									0630 - 0930
0930 - 1030									0930 - 1030
1030-1430									1030-1430
1415 - 1515									1415-1515
1515-2000									1515-2000
2000 - 2100									2000 - 2100

Tuesday 13 January									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0930									0630 - 0930
0930-1145									0930-1145
1145-1400									1145-1400
1400 - 1515									1400 - 1515
1515 - 2000									1515 - 2000
2000 - 2100									2000 - 2100

Wednesday 14 January									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0900									0630 - 0900
0930 - 1000									0930-1000
1000-1945									1000 - 1945
1945 - 2100									1945 - 2100

Thursday 15 January									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 1400									0630 - 1400
1400-1430									1400-1430
1430 - 1600									1430 - 1600
1600 - 2000									1600 - 2000
2000 - 2100									2000 - 2100

Friday 16th January									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 -0730									0630 - 0730
0730 -0830									0730 - 0830
0830-10.30									0830-1030
1030 - 1130									1030 - 1130
1130-1600									11.30-1600
1600 - 1800									1600 - 1800
1800 - 2000									1800 - 2000
2000 - 2100									2000 - 2100

Saturday 18th January									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0900 - 1300									0900 - 1300
1300 - 1730									1300 - 1730

Sunday 19th January									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0900 - 0945									0900 - 0945
0945 - 1030									0945 - 1030
1030 - 1130									1030 - 1130
1130 - 1230									1130 - 1230
1230 - 1330									1230 - 1330
1330 - 1730									1330 - 1730

***Please note Sauna closes at 9pm on weekdays (Tuesday 8pm) & at 530pm on weekends**

Programme subject to changes.

	Open Swim
	Lane Swim
	Student Clubs
	Schools
	Swim Lessons
	Family Swim
	Aqua Jog Class
	Event Booking

Diving Times		
Mon	1300 - 1400	1700 - 1800
Tues	1300 - 1400	1700 - 1800
Fri	1300 - 1400	
Sat	1500 - 1600	
Sun	1500 - 1600	

*All other times are for Aqua Jogging

